

SULIT

Nama : \_\_\_\_\_

Tingkatan : \_\_\_\_\_

NAMA SEKOLAH

**PEPERIKSAAN PERCUBAAN  
SIJIL PELAJARAN MALAYSIA 2019  
1119/1**

**BAHASA INGGERIS**

**Kertas 1**

**Ogos**

1 ¾ jam

**Satu jam empat puluh lima minit**

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**JANGAN BUKA KERTAS SOALAN INI SEHINGGA DIBERITAHU**

**Arahan.**

1. *Kertas soalan ini mengandungi dua bahagian: **Bahagian A** dan **Bahagian B**.*
2. *Jawab **kedua-dua** bahagian.*
3. *Jawapan anda hendaklah ditulis didalam kertas jawapan yang disediakan*

**Instructions**

1. *The question paper consists of two sections **Section A** and **Section B***
2. *Answer **both** questions.*
3. *Your answer must be written in the answer sheet provided.*

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Kertas soalan ini mengandungi 3 halaman bercetak dan 1 halaman tidak bercetak

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**Section A : Directed Writing**

[35 marks]

[Time suggested : 45 minutes]

Your cousin has been complaining about gaining weight after a year working at a shopping mall. As a concerned cousin, write a letter to advise him or her on how to lose weight.

Use the notes given below to write your **letter**.

<b>WAYS</b>	<b>ELABORATION</b>
Balance energy and activity	How does the body use energy?
Control food portions	How does this relate to gaining weight?
Be media smart	Aware of some tricks
Don't skip meals	How do you avoid skipping meals?
Physically active	Give one example of an activity.
(own point)	(own point)

When writing the **letter**, you **must**:

- lay out your letter correctly (address, date, salutation, closure)
- use **all** the notes gives
- give your own ideas where necessary
- remember that your letter is to your cousin

**Note:**

For your letter, you will receive up to **15 marks** for the format and content points, and up to **20 marks** for the quality of your writing.

(35 marks)

**Section B : Continuous Writing**

[ 50 marks ]

[ *Time suggested* : One hour ]

Write a composition of **about 350 words** on **one** of the following topics.

1. Write about someone who had a great impact on your life. Describe how he or she has changed you.
2. Dieting is the most effective way to lose weight. Do you agree?
3. Write a story which ended with regret over a rash decision that you have made. End the story with, 'If only I could turn back time.'
4. Describe an invention that you can never live without. Explain why it is important to you.
5. If you were given a chance to spend a day away from home, what would you do? Explain in details about the activity and the reasons you choose to do it.

**KERTAS SOALAN TAMAT**